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#### **FAIRYTALE THERAPY AS A MEANS OF OVERCOMING CHILDREN'S FEARS AT SCHOOL AGE**

The article analyzes the problem of fears among school-aged children, as well as studies the issue of the fairytale therapy (we try to find if the fairytale therapy is the effective method of overcoming fears). The general theoretical and methodological grounds of children's fears research have been identified, the complex of methods, which are adequate to the aim of the research, has been used, influence of the inner state on fear origins among children and teenagers has been analyzed and diagnosed.

The article also gives the facts which proved that the personal child's fairy-tale is the effective means of overcoming fears. In fact, by means of the personal fairy-tale it is possible to distinguish basic fears of children completely. Illustrations to the fairy-tales also give a push to the decision of the problem. Children with the help of magic properties, which they have in the fairy-tale, can overcome the fears and get rid of them. After rewriting the fairy-tale from the beginning to the end, the fear disappears and the child matures in its eyes.

In case of juveniles' fears, the fairytale therapy is not considered as the effective method to overcome fears. Teenagers are far deeper submerged in their fears, that is why the fairytale therapy can be only one of the methods which are helping to overcome fears in adolescence.

Therefore, it is possible to recommend the methodology of the fairytale therapy for the work, which is connected with identifying and overcoming children's fears.

*Key words: fairy tale therapy, fear, personal fairy-tale, child's and juvenile's fears.*