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PSYCHOLOGICAL BACKGROUND OF MISCARRIAGE

The article analyzes the main components of psychological unwillingness for maternity that lead to miscarriage.

The general theoretical and methodological grounds for the research of psychological willingness for maternity have been distinguished, the complex of methods according to the purpose of study has been chosen, the psychological features of women with miscarriage risk have been diagnosed and analyzed.

The object of the study is miscarriage.

The subject of the study is psychological background of miscarriage.

The aim of the research is to reveal the role of psychological component in the situation of miscarriage risk.

According to the aim, the following tasks have been identified:

1. Investigate theoretically the phenomenon of maternity and its components.
2. Study literature about psychological willingness for maternity.
3. Choose the research methodology that meets the objective of the study.
4. Conduct an experimental research and draw conclusions based on its results.

100 respondents, the pregnant women aged from 18 to 50, took part in the investigation. The Solomin's color metaphor technique and Dobryakov's «pregnant woman's relation test» were used to find out some information about person's attitude to different things and people, actual psychological state and self-concept.

Due to the held research, we have got the following results:

1. There are many differences in the system of relations with the world of healthy pregnant women and women with the risk of miscarriage.

2. There are the existence of significant differences in the attitude to future in experimental and control group. The future is not relevant and not perceived positively by women with the risk of miscarriage.

3. Women with the risk of miscarriage much less often associate father with their present partner.

Based on the received data we worked out the training program for the future parents, which helps to decrease the anxiety level and minimize the risk of spontaneous abortion due to stress overcome.

Key words: maternity, pregnancy, miscarriage, psychological willingness for maternity.