

ABSTRACTS

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PSYCHOLOGICAL SITUATION IN THE CONTEXT OF CORRECTION

The psychological situation is a means of representation and research of a specific counselee's problem.

In general, any situation is characterized by totality, certain combination of the objects or phenomena characteristics. Features realized by individual, elements of various life situations, their possible links and aspects are included into a complete subjective world view of an individual.

The subjective world view as an integral interpretative complex is a result of certain parts of social and personal experience interiorization. The subjective world view directly stipulates the design of a unique psychological situation under standard life circumstances. The real life circumstances, under which the individual is existing, and subjective sense of those circumstances as a result of an interpretative process may differ substantially or may have nothing in common; it means that the interpretative process leads to transformation of the life situation, finally turning it into a psychological situation, which is the unity of external conditions and their subjective interpretation.

An essential characteristic of a psychological situation is its problematic nature. However, the problematic nature of a psychological situation may be related not only to its external circumstances, but it may be a reflection of the internal problems of an individual. Usually unconscious and, therefore, uncontrolled internal problems are manifested in various psychological difficulties of a subject and cause psychological suffering.

Another integral characteristic of a psychological situation is stress-production and uncertainty for the subject, which causes psychological suffering. Suffering arises when the values which are at the top of value hierarchy appear to be unachievable by the subject.

Thus, there is an ambivalent task for the counselee during the remedial work: the task of «sense concealment», which conforms with the unconscious desire for stability, resistance to any changes in life, and the problem of "sense searching" aimed at eliminating psychological discomfort, harmonizing subjective perceptions of the world in general and the situation in particular and the objective reality. The implementation means of such harmonization and simultaneously of its purpose are the process of reflection and rethinking psychological situation which has developed in the consciousness of the subject. Thus, the interpretation and reinterpretation, with the support of a psychologist, of life circumstances by a person who asked for psychological assistance are the main mechanism of clarifying and re-hierarchization (if necessary) of the whole set of senses of a psychological situation. They enable to control and eliminate the subjective psychological discomfort, enriching experience and general harmonization of individual existence.

Key words: life situation, psychological situation, experiences, subjective interpretation.