

ABSTRACTS

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SELF-PERCEPTION AS A DETERMINANT OF PROFESSIONAL SELF- IMPROVEMENT OF A FUTURE TEACHER

The formation of highly intelligent and creative personality of a future teacher in the educational process of higher school requires his/her preparation for professional self-improvement, which means vigorous intelligent activities aimed at individual's self-improvement and depends on the ability to recognize himself/herself as a party in future professional activities.

The notion of «self-perception» in the scientific literature is considered in the context of personality's self-consciousness. As a structured mental formation, **self-consciousness** consists of two **components**: cognitive, i.e. the process of self-perception and its results as the system of individual's knowledge about himself/herself, and emotional, i.e. the process of self-conception and its results in the form of self-assessment.

The self-perception is comprised of a person's knowledge and assessment of oneself by recognizing the individual self, the focusing of thinking process on the perception and learning of an individual both in the form of perception of oneself being a carrier of consciousness and thinking, and in the form of perception and assessment of other people.

The mechanism of self-perception is a kind of individualistic reflection, which is understood as the activity of individualistic self-perception and as its rational component. In such a complex process, the person, on the one hand, represents himself/herself, and, on the other hand, demonstrates the personality's analytical actions associated with self-assessment.

Self-assessment is considered as the personality's principal formation in the structure of self-consciousness that functions as the assessment of individual's capabilities, and their comparison with the requirements of situational behavior, the assessment of the individual by others and his/her assessment of such others, on the basis of which the regulation is performed.

The deepness and adequacy of self-assessment is determined by the skill to implement conceptual components of self-perception that enable to evaluate correctly one's spiritual and physical state and one's relations with the outside world and other people.