

SOCIAL-PSYCHOLOGICAL ADAPTATION OF FOREIGN STUDENTS OF THE PREPARATORY DEPARTMENTS AT HIGHER EDUCATION INSTITUTIONS OF UKRAINE

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The article analyzes the methodological foundations, factors of social and psychological adaptation to the new socio-cultural and linguistic environment of foreign students of preparatory departments at higher education institutions of Ukraine. The essence of the general scientific concept of adaptation is revealed and analyzed for a specific situation: the primary socialization of foreign citizens and their adaptation to training at preparatory departments. The factors of social and psychological adaptation of foreign listeners are presented and classified and the most significant ones, which are dominant at the initial stage of life in Ukraine and study at the preparatory department, are highlighted: moral-informational, religious, psychophysiological ones. An important aspect of this problem is the description of the real range of problems faced by foreign students and determining their impact on the degree of adaptation associated with the peculiarities of the organization of the educational process at the preparatory department: the linguistic heterogeneity of the contingent, significant differences in the content and forms of education organization in Ukraine and in the countries where they studied previously, with different terms of study, the need to prepare students with different starting levels to study in a foreign language in a short time (8-10 months) in the main stream with Ukrainian students in the first year of university. It is shown that overcoming methodological and linguistic barriers can be ensured by the following effective educational and methodological measures: application of the latest interactive technologies and methods of language learning, which are designed for a specific contingent of foreign students ("monotechnology"); taking into account and comparing linguomethodical features of Ukrainian / Russian and native language of the listener; solution of problems of interethnic communication and its means; taking into account national, cultural and religious characteristics of foreigners; formation of an optimum level of value attitude to Ukrainian and Russian languages. The effectiveness of the adaptation process depends on the systematic organization of the educational process, the combination of language training with the professional one, the introduction of personality-oriented training, the formation of a set of psychological and moral qualities of foreign students. The study of adaptation factors allows us to determine their impact on the socio-psychological adaptation of the students and to purposefully plan organizational and educational-methodological measures for different contingent of foreign students. The analysis of problems that foreign listeners experience in the process of adaptation in the first year of their stay in the new socio-cultural and linguistic environment, allows to identify and describe the factors that are important and determining for the given period.

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