

## THEORETICAL ASPECTS OF THE PROBLEM OF REFLEXIVE AND PROGNOSTIC COMPETENCE OF A PERSON

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*Key words: competence, reflection, reflexivity, reflective activity, reflexive competence, forecasting, prognostic competence, reflexive-prognostic competence.*

The article examines the theoretical aspects of the problem of reflexive-prognostic competence of the individual. The purpose of the article is to highlight generalized information about the concept of 'reflexive-prognostic competence'. The essence of the concepts 'competence', 'reflection', 'reflexivity', 'reflexive competence', 'forecasting', 'prognostic competence', 'reflexive-prognostic competence' is revealed. Different interpretations of the phenomenon of 'competence' are given, it is noted that this concept is studied in detail not only in scientific papers but also in real life. It is established that the competence is aimed at ensuring the process of using the knowledge and skills gained in experience to solve certain problems. The essence and correlation of the terms 'reflection' and 'reflexivity' are clarified. It is determined that reflexivity is a broader concept than reflection; reflexivity is the quality of personality that defines reflection as a process; reflexivity is the ability to reflect. In the study, we understand reflexivity as the ability to mental activity that helps individuals identify with the social environment. In the course of theoretical analysis it is established that the reflexive competence of the individual arises and develops only in activity, interaction and communication, which is manifested in the individual's awareness of goals, objectives, consequences of their actions and decisions, the need for reflective activity. It was found that one of the important components of the reflexive competence of an individual is the ability to predict future life, because the regulation of behavior cannot be done without building a model of the future. The analysis of the definitions of the concept of 'forecasting' has shown that it is a complex phenomenon that determines the prospects for the development of a phenomenon or event. Thanks to forecasting, a person is able to control their own activities. The theoretical analysis of sources on the problem of forecasting revealed that the prognostic competence of an individual consists of the ability to predict performance, in relationships with others, as well as in relation to their own health. The article defines the concept of 'reflexive-prognostic competence', namely: integrative professional quality of personality, based on a system of reflexive-prognostic knowledge, skills, abilities and promotes purposeful understanding of the content of the inner world, in order to anticipate the probable changes from their actions and choose the most appropriate solutions to problems.

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