INDIVIDUAL STYLE OF PROFESSIONAL ACTIVITY OF FUTURE PSYCHOLOGISTS: ESSENCE AND WAYS OF FORMATION IN THE EDUCATIONAL PROCESS OF A HIGHER EDUCATION INSTITUTION

Volkova Nataliia, Doctor of Pedagogical Sciences, Professor, Head of the Department of Innovative Technologies in Pedagogy, Psychology and Social Work, Alfred Nobel University, Dnipro.

E-mail: npvolkova@yahoo.com

ORCID: 0000-0003-1258-7251

Bykova Viktoriia, Candidate of Pedagogical Sciences, Associate Professor, Associate Professor of the Department of Innovative Technologies in Pedagogy, Psychology and Social Work, Alfred Nobel University, Dnipro.

E-mail: Vbykova@i.ua ORCID: 0009-0000-0867-7305 DOI: 10.32342/2522-4115-2023-2-26-4

Keywords: process of professional training, individual style, individual style of professional activity, formation of individual style of professional activity of future psychologists.

The article examines the problem of the individual style of professional activity of future psychologists. **The purpose of the article** is to substantiate the essence, the component composition of the individual style of professional activity of future psychologists, the ways of its formation in terms of the educational environment of a higher education institution.

It has been shown that an individual style is a factor of professional success, and therefore the specificity of its formation depends on the type of professional activity. The stages of formation of an individual style of activity have been specified. It covers, firstly, the development of professional activity with already worked out schemes and procedures, and secondly, the deviation from normatively approved work samples.

The individual style of professional activity of future psychologists is presented as an integral personal formation that determines the individual strategy and tactics of organizing psychological activity and ensures productivity and optimal solution of professional tasks. The components of the individual style of professional activity of future psychologists have been defined. The content of the individual style of future psychologists' professional activity includes motivational-value (a system of motives, and value attitudes); cognitive (a set of knowledge about the essence and structure of the individual style of professional activity of future psychologists, ways of its formation); personal-active (methods, techniques, procedures, productive technologies, and tools of implementing psychological knowledge in work by specialities); reflective-evaluative components (an ability to professional and personal reflective). It has been emphasized that the individual style of professional activity is not formed by itself, but requires painstaking and systematic work on oneself, performing the function of adaptation to the requirements of professional activity and is a system of individually unique methods that ensure successful performance of the work of a practical psychologist. The methodological aspects of the formation of the individual style of professional activity of future psychologists have been identified. It is a set of systemic, functional, synergistic, axiological, and personally oriented approaches.

It has been substantiated that the formation of the individual style of professional activity of future psychologists requires the modelling of the content of each educational component of the educational program in the specialty 053 Psychology according to the logic of the tasks of future professional activity; the use of practically oriented learning technologies (dialogic-discussion, game, training, project, and case ones, as well as training, exercises, web quests, webinars, workshops, etc.). Emphasis is placed on the need to involve students in various practical activities for the implementation of professional initiatives in cooperation with partners of higher education institutions and employers. An interesting experience of acquiring personal professional experience by future psychologists through involvement in end-to-end practice, in particular the practice of the "Supervision Studio", has been revealed.

The prospect of further research is found in the study of the problems of organizing the self-educational activities of future psychologists for the development of the individual style of professional activity.

References

Androshchuk, L.M. (2009). *Formuvannia indyvidualnoho styliu dialnosti maibutnoho vchytelia khoreohrafii.* Diss. kand. ped. nauk [Formation of the individual style of activity of a future choreography teacher. Cand. ped. sci. diss.]. Uman, 216 p. (In Ukrainian).

Volkova, N.P. Ways of stimulation and motivation of students' creative activities. *Bulletin of Alfred Nobel University. Series: "Pedagogy and psychology"*, 2017, no. 1 (13), pp. 161–169. (In Ukrainian).

ISSN 2522-4115 (print)	ALFRED NOBEL UNIVERSITY JOURNAL OF PEDAGOGY AND PSYCHOLOGY
ISSN 2522-9133 (online)	2023. № 2 (26)

Honcharenko, S.U. (1997). *Ukrainskyi pedahohichnyi slovnyk* [Ukrainian Pedahohical Dictionary]. Kyiv, Lybid Publ., 376 p. (In Ukrainian).

Kovaliv, Zh.V. (2005). Formuvannia indyvidualnoho styliu profesiinoi dialnosti maibitnikh uchuteliv humanitarnykh dystsyplin. Diss. kand. ped. nauk [Formation of the individual professional style of future teachers of humanities. Cand. ped. sci. diss.]. Odesa, 207 p. (In Ukrainian).

Kolosova, S.V. (2017). Formuvannia indyvidualnoho styliu profesiinoi dialnosti maibitnikh vykhovateliv v protsesi fakhovoi pidhotovky. Dys. kand. ped. nauk [Formation of individual style of professional activity of future educators in the process of professional training. Cand. ped. sci. diss.]. Pereiaslav-Khmelnytskyi, 267 p. (In Ukrainian).

Lavrentieva, O.O., Krypskiy, O.P. Psychological and pedagogical bases of formation of the future specialists' individual style of professional activities. *Bulletin of Alfred Nobel University. Series: "Pedagogy and psychology"*, 2022, no. 2 (24), pp. 41–49. doi: 10.32342/2522-4115-2022-2-24-4 (In Ukrainian).

Pavelkiv, R.V. *Refleksiia yak mekhanizm formuvannia indyvidualnoi svidomosti ta diialnosti osobystosti* [Reflection as a mechanism for the formation of individual consciousness and activity of a personality]. *Bulletin of Postgraduate Education. Social and Behavioural Sciences, Management and Administration Series*, 2019, issue 8 (37), pp. 84–98. doi: 10.32405/2522-9931-8(37)-84-98 (In Ukrainian).

Ministry of Education and Science of Ukraine (2020), "On approval of the professional standard "Practical Psychologist of an educational institution", available at: https://mon.gov.ua/ storage/app/media/rizne/2020/12/Standart_Praktychnyy_psykholoh.pdf (Accessed 5 November 2023). (In Ukrainian).

Ministry of Economic Development, Trade and Agriculture of Ukraine (2021), Order of Economic Development, Trade and Agriculture of Ukraine Professional Standard "Practical Psychologist (Social Sphere)", available at: http://surl.li/cpiyq (Accessed 5 November 2023). (In Ukrainian).

Serduik, L.Z. (2012). *Psykholohiia motyvatsii uchinnia maibutnikh fakhivtsiv: systemno-syn-erhetychnyi pidkhid* [Psychology of learning motivation of future specialists: a system-synergistic approach]. Kyiv, University "Ukraine" Publ., 323 p. (In Ukrainian).

Synyshyna, V.M. (2021). Systema fakhovoi pidhotovky maibutnikh praktychnykh psykholohiv u zakladakh vyschoi osvity. Diss. dok. ped. nauk [The system of professional training of future practical psychologists in higher education institutions. Doc. ped. sci. diss.]. Khmelnytskyi, 511 p. (In Ukrainian).

Spinul, I. Osoblyvosti indyvidualnoho styliu dialnosti maibutnoho vchytelia khoreohrafii [Features of the individual style of the future choreography teacher]. *Academic Notes [Volody-myr Vynnychenko Central Ukrainian State Pedagogical University. Series: Pedagogical Sciences*], 2013, issue 120, pp. 293–299. Available at: http://nbuv.gov.ua/UJRN/Nz_p_2013_120_47 (Accessed 5 November 2023). (In Ukrainian).

Kharadzhy, M.V., Ivashchenko, A.I. Supervision as a method of psychologist professional development. *Scientific Bulletin of Uzhhorod National University. Series: Psychology*, 2022, no. 1, pp. 24–26. doi: 10.32782/psy-visnyk/2022.1.4 (In Ukrainian).

Shama, I.P. (2018). Formuvannia indyvidualnoho styliu profesiinoi diialnosti maibutnikh uchyteliv u protsesi vykorystannia keis-tekhnolohii. Diss. kand. ped. nauk [Formation of the individual style of professional activity of future teachers in the process of using casetechnologies. Cand. ped. sci. diss.]. Starobilsk, 340 p. (In Ukrainian).

Shapar, V.B. (2007). *Suchasnyi tlumachnyi psykholohichnyi slovnyk* [A modern explanatory psychological dictionary]. Kharkiv, Prapor Publ., 640 p. (In Ukrainian).

Dingwall, R. The ethical case against ethical regulation in humanities and social science research. *Twenty-First Century Society: Journal of the Academy of Social Sciences*, 2008, vol. 3 (1), pp. 1–12. doi: 10.1080/17450140701749189

Volkova, N.P., Tarnopolsky, O.B., Olyinik, I.V. The individual style of speech of teachers from higher education institutions as an indicator of pedagogical professionalism. *Revista Espacios digital*, 2019, no. 40 (17), p. 20. Available at: http://www.revistaespacios.com/a19v40n17/19401720.html (Accessed 5 November 2023).

Joyce, N.R., Rankin, T.J. The lessons of the development of the first APA ethics code: Blending science, practice and politics. *Ethics and Behaviour*, 2010, vol. 20, pp. 466–481.

Одержано 07.09.2023.